

What is Autism?



What Is Autism?



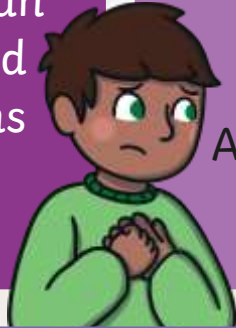
Autism is a lifelong condition that affects social and communication skills.

Autism – has anyone heard of this word before?

What do you know about Autism?

Autism Facts

Many Autistic people feel emotions intensely and can be overwhelmed by the emotions of others.



Fascinations and routines can be important for people on the Autism spectrum.

Repetitive behaviour like rocking can help some Autistic people deal with stress and feel better.

Autistic people may learn a lot about a topic they like, which could be anything!

Most Autistic children go to mainstream school, while others require support at special schools.



Autism Myths

Knowledge about what Autism is and how we can help people to cope with it has grown enormously in recent years. But there is still much that we do not understand. Here are some myths:



Every Autistic person is good at maths, art and music.

Stimming (repetitive behaviour like rocking) is bad and should be stopped.

Autistic people don't feel emotions.

All Autistic children go to special needs schools.



Real-Life Superheroes

These people have all been diagnosed as Autistic. They have all had great careers and enjoy success in their work.

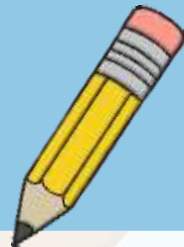
Susan Boyle
Singer



Dan Aykroyd
Actor



Satoshi Tajiri
Creator of Pokémon



Temple Grandin
Professor and Author



These famous, successful people have all been diagnosed as **Autistic**.

